

Y6-7 Catholic Beliefs and Practices

A Booklet to help you prepare for RE and life at Bishop Challoner Catholic School

Part 1



Welcome! We are so glad that you are coming to join our Bishop Challoner school community and cannot wait to get to know you.

The aim of this booklet is to help you to understand what Catholic Christians believe and how we practice our religion.

It will support your class work in RE and help you to understand the Catholic worship that you will be part of as a pupil at Bishop Challoner Catholic School.



What do Catholics believe?

1) Complete these sentences by filling in the gaps using the words from the box below.

Challenge; try to complete it without using the words in the box.

Catholics are part of the faith group called _____. They believe in _____ God, who Christians believe is a _____, this means three persons in one God. The three persons are the _____, the _____ and the _____. Catholics show this belief when they make the _____ of the _____ before they pray. Catholics believe that Jesus is God's Son because of the message that the Angel Gabriel gave to Mary, the angel said that she would be the "mother of the Son of the Most High God." Catholics believe that Mary is important because she said _____ to God's plan for her life by being Jesus' mother. Catholics believe that God chose _____ to be Jesus' earthly father and to support Mary in bringing him up. Jesus' birth is celebrated at _____.

Catholics believe that Jesus was sent to earth to tell people about _____ and to show God's power and love for us through what he _____ and through his amazing actions which we call _____. Jesus was also sent to be a _____ to make up for the _____ of the world. Catholics and all _____ believe that by dying Jesus repaired the relationship between God and humans that was damaged by sin.

On the night before he _____ Jesus had a final meal with his friends. This meal is called the _____ and is a very important event for Catholics because they believe that this is when Jesus explained the meaning of his _____. They remember this event and Jesus' words and actions on that night in _____. During the meal Jesus took bread and said that it was his _____ and he took wine and said that it was his _____. He said that his body and blood would be given for the _____ of sins. Every time that Catholics celebrate Mass they remember Jesus' words at that meal. The priest repeats the _____ and actions of Jesus at that meal and Catholics receive the bread and wine which they believe is now the _____ and _____ of Jesus. The Mass is the most important form of worship for _____.

Catholics believe that Jesus died on the cross on _____ and that he rose from the dead on _____. Jesus' _____ showed that he was God's Son and that he has succeeded in paying the price for our sins and made it possible for people to go to _____ after their death.

_____ is the most important Christian festival. Catholic Christians believe that Jesus will return at the end of time to _____ the living and the dead and that those who have lived good lives will go to _____ to be with God forever and that those who have not will go to _____.

Hell, Christians, One, Father, Sign cross, Holy Spirit, died, Mass, Body, Son, yes, Trinity, miracles, taught, sins, Christians, Blood, forgiveness, heaven, Body, words, death, Joseph, Christmas, God, Blood, Catholics, Last Supper, Good Friday, Christians, resurrection, judge, heaven, Easter Sunday, sacrifice, Easter

2) Important days for Catholics

Can you match the correct Catholic festival or season with the correct description?

1	<i>Christmas</i>	A	Celebrates the day that Mary was taken up into heaven
2	<i>Easter</i>	B	Celebrates the day that Jesus was welcomed into Jerusalem, the first day of Holy week
3	<i>Advent</i>	C	The 40 days of prayer, giving to charity and self -denial leading up to Easter
4	<i>Lent</i>	D	Celebrates he day that the apostles and Mary received the Holy Spirit in the form of tongues of flame
5	<i>Ash Wednesday</i>	E	The day that Christians remember the Last Supper
6	<i>Pentecost</i>	F	Celebrates the Catholic belief that Mary was conceived without the stain of Original sin
7	<i>The Feast of the Assumption</i>	G	The season of 4 weeks of preparation for Christmas
8	<i>The Feast of the Immaculate Conception</i>	H	Celebrates the visit of the 3 wise men or three kings to the baby Jesus with gifts of gold, frankincense and myrrh
9	<i>Maundy Thursday</i>	I	Celebrates the resurrection of Jesus
10	<i>Good Friday</i>	J	A day of prayer and reflection to mark Jesus' death on the cross
11	<i>Palm Sunday</i>	K	Celebrates the birth of Jesus
12	<i>Epiphany</i>	I	The first day of the season of Lent

1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12.

3) Catholic worship.

Catholics have seven sacraments. A **sacrament is a special sign given to us by God which brings us close to God.** The sacraments are received in special ceremonies that usually happen in Church. Some sacraments are received only once in a Catholic's life and some can be received many times during a person's life.



The seven sacraments are: Baptism, Reconciliation, the Eucharist, Confirmation, Marriage, Holy Orders and Anointing of the Sick.

The first sacrament that Catholics receive is baptism.

Find out 5 simple facts about baptism.

1) _____

2)

3)

4)

5)

4) The Eucharist



Catholics receive the Eucharist every time that they go to Mass and receive the Bread and Wine. They believe that the bread and wine becomes Jesus' Body and Blood. Eucharist can be known by different names- Holy Communion, the Eucharist. The whole ceremony is called **Mass**. Catholics are expected to go to Mass every Sunday and on Holy Days such as the *Feast of Saint Peter and Saint Paul*.

Only Catholics that have been baptised and have made their First Holy Communion can receive Holy Communion/the Eucharist at Mass.

During Mass there are prayers for forgiveness and to praise God and stories are read from the Bible. Everyone stands to hear the priest read the gospel story. The gospel story is about something that Jesus said to teach the apostles more about God or about something he did to show us God's power and love.

The most important part of the Mass is when the priest says the words of Jesus over the bread and wine, this is called the consecration and it is the holiest part of the Mass. Catholics believe that at that moment the bread and wine become the Body and Blood of Jesus. After the consecration the bread is called the Host. The priest will hold up the Host and he says; **"This is the Lamb of God who takes away the sins of the world, happy are those who are called to the supper of the Lamb."**

When Catholics go to receive Holy Communion the priest holds up the Host and says to them "The Body of Christ" and the person receiving Holy Communion says "Amen". The word **Amen** means: "So be it", it means that they believe that the Holy Communion/Host is really Jesus.

People who have not made their Holy Communion or who are not Catholic can't receive the Host. They are welcome to come to the priest and receive a blessing.

Are these statements true or false?	T / F	Make the false statement true
Everyone who is Christian can receive Holy communion at Mass		
The consecrated Bread is known as the Host or Holy Communion or the Eucharist		
The most important part of the Mass is when the gospel is read		
Catholics only have to go to Mass once a year.		
Catholics believe that at Mass the bread and wine becomes the Body and Blood of Jesus		
Catholics who have been baptised can receive Holy Communion		
When the priest repeats the words and actions of Jesus at the Last Supper, over the bread and wine it becomes the body and blood of Jesus		

Check these videos out

<https://www.youtube.com/watch?v=RjVck3euhWY> Confession part 1

<https://www.youtube.com/watch?v=oJq29UG6028> Confession part 2

5) The Sacrament of Reconciliation

In this sacrament Catholics receive forgiveness for their sins.

Catholics believe that God loves every person very much and that when we hurt each other we hurt God, he doesn't like to

see his children causing each other to feel bad or be in pain, because he is our Father and he wants us to be a big loving family. Jesus told a parable called the Parable of the Prodigal Son to show how forgiving God is.

Catholics are expected to go to the Sacrament of Reconciliation once a year, but many Catholics go more often. This sacrament has three different names, Reconciliation, Confession and the Sacrament of Penance.

To prepare for Confession you take time to think about your life and how you are treating others, to ask if you are following the rules of your religion and to identify what needs to change in your life. This is called examining your conscience.

During the Sacrament of Reconciliation Catholics confess their sins, this means that they admit what they have done wrong, say that they are sorry, in a prayer called the Act of Contrition and that they want to do better in future. The priest tells them to do something to show that they are ready to change their behaviour or



their attitude, this is called a penance. The priest makes the Sign of the Cross over them and says: **"I absolve you of your sins in the name of the Father and of the Son and of the Holy Spirit."** At this moment the persons' sins are forgiven.

Use this information and do some research to create a short crossword.

6)



Describe what is in the picture:

I think it represents the sacrament of:

Because:



Describe what is in the picture:

I think it represents the sacrament of:

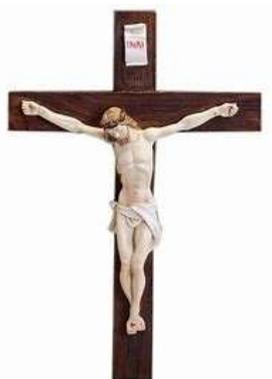
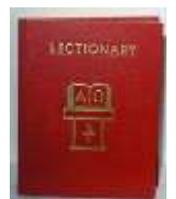
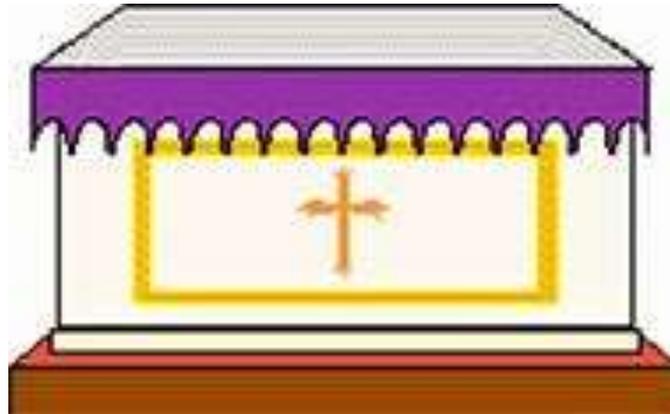
Because:

Draw the symbols that you think would represent the Sacrament of Reconciliation and explain your drawing.

A large empty rectangular box with a black border, intended for a student to draw symbols and write an explanation.

Inside a Catholic Church

7) Your task is to (a) organise these items where you think they would usually be in a Catholic church and (b) find out what they are used for and label each item with an explanation



YOUR TASK: SKETCH OUT THE PLAN OF YOUR CHURCH IN THIS BOX- If drawing is difficult for you, just write a label for where each part might be and explain what it means for Catholics.

The items are: an altar, a lectern, a lectionary, a chalice, a ciborium, a tabernacle, a confession booth/box, a sanctuary lamp, a statue of Mary, candles, the Stations of the Cross, a baptismal font, a crucifix



8) Catholic prayers

You will often see teachers and students start their prayers by making the **Sign of the Cross**. (See the diagram below)



For Catholics, the sign of the cross is made using your right hand. You should touch your forehead at the mention of the *Father*; the lower middle of your chest at the mention of the *Son*; and the left shoulder on the word "*Holy*" and the right shoulder on the word "*Spirit*."

Why do Catholics make the sign of the cross?

They are declaring that they are making their prayer 'in the name of The Father and of the Son and of the Holy Spirit.' It reminds them of their belief in God.

- The two prayers that you will use most in our school are the **Lord's Prayer**, also known as the **Our Father**, and the **Hail Mary**
- Nearly all Christians say **the Lord's Prayer** as part of their service and in their own personal prayer.
- Some Christians think that Catholics are worshipping Mary when they say the Hail Mary but Catholics don't think of it like this. Catholics believe that Mary is our spiritual mother and that we can ask her to bring our prayers to God for us. That is why the Hail Mary prayer asks Mary to "**pray for us sinners, now, and at the hour of our death**". Catholics are not praying to Mary, in the way that we pray to God. We're praying through her, like any Christian would ask another person of faith to pray for them.
- Catholics often also ask saints to pray for them. This is them asking people believed to be in heaven to ask God to help us. Your tutor might say, **St Benedict** and everyone replies, '**Pray for us.**'

9) Your Task: Organise the lines of the prayer into the correct order- research it if you need to...

Mixed up version	Correct order	I think that this sentence means
Hallowed be thy name		
On earth as it is in heaven		
As we forgive those who trespass against us		
Give us this day our daily bread		
But deliver us from evil		
And forgive us our trespasses		
And lead us not into temptation		
Our Father who art in heaven		
Amen		
Thy kingdom come, thy will be done		



Hail Mary

Hail Mary, full of grace. The Lord is with thee.

Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

The Story of the Annunciation

²⁶ In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, ²⁷ to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin's name was Mary.

²⁸ And he came to her and said, "Greetings, favoured one! The Lord is with you."^[a] ²⁹ But she was much perplexed by his words and pondered what sort of greeting this might be. ³⁰ The angel said to her, "Do not be afraid, Mary, for you have found favour with God.

³¹ And now, you will conceive in your womb and bear a son, and you will name him Jesus.

³² He will be great, and will be called the Son of the Most High, and the Lord God will give to him the throne of his ancestor David. ³³ He will reign over the house of Jacob forever, and of his kingdom there will be no end." ³⁴ Mary said to the angel, "How can

this be, since I am a virgin?"^[b] ³⁵ The angel said to her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born^[c] will be holy; he will be called Son of God. ³⁶ And now, your relative Elizabeth in her old age has also conceived a son; and this is the sixth month for her who was said to be barren. ³⁷ For nothing will be impossible with God." ³⁸ Then Mary said, "Here am I, the servant of the Lord; let it be with me according to your word." Then the angel departed from her.

Check these Youtube clips out to learn about how a Pope is elected and Holy Week.

http://www.mycatholictube.com/videos/busted-halo/?tubepress_page=3

<http://www.mycatholictube.com/videos/busted-halo/>



Task: 1) Highlight in the story of the **Annunciation** the lines that are also in the **Hail Mary** prayer

Identify 3 things that Catholics believe about Mary

1 _____

2 _____

3 _____

Watch this clip to learn about The Rosary:

<https://www.youtube.com/watch?v=GuT7HI7ZvfA>



The Rosary is bit like a journey through Jesus' life. Task: try and find out 10 steps/ stages of the journey that Catholics reflect on as they pray the Rosary

