

HEALTHY OPTIONS

innovate
my goodness!

PASTA POTS

Tuna Mayonnaise	£1.05
Tomato, Basil & Cheese V	£1.05

SELF-SERVE SALAD

Small	£1.45
Large	£1.80

READY MADE SALADS

Spiced Chicken Noodle	£1.80
Feta & Olive V	£1.80
Tuna Pesto	£1.80
Chicken Tikka	£1.80
Vegan Superfood Ve	£1.95
Layered Pasta & Prawn	£2.00

PROTEIN POT

Egg V	£1.15
Feta V	£1.15

VEGETABLE BAGS **Ve**

Carrot Sticks	50p
Mixed Stick Pot	60p

Crudite & Houmous Pot Ve	£1.35
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JACKET POTATOES

Plain	£1.20
Add one filling	£1.75
Add two fillings	£2.00

DIPS

Light Mayo V	25p
Tomato Ketchup Ve	25p
BBQ Sauce Ve	25p
Houmous Ve	40p

FRUIT **Ve**

Apple; Orange; Banana (per piece)	40p
Fruit Salad	90p
Pineapple Pot	90p
Melon Pot	90p
Watermelon Pot	90p
Grape Pot	90p
Grape Bag	50p
Apple & Grape Bag	50p
Pineapple Bag	50p
Sultana Bag	50p
Orange Bag	50p



www.innovatefood.co.uk

NOT ALL MENU ITEMS WILL BE AVAILABLE ALL OF THE TIME.