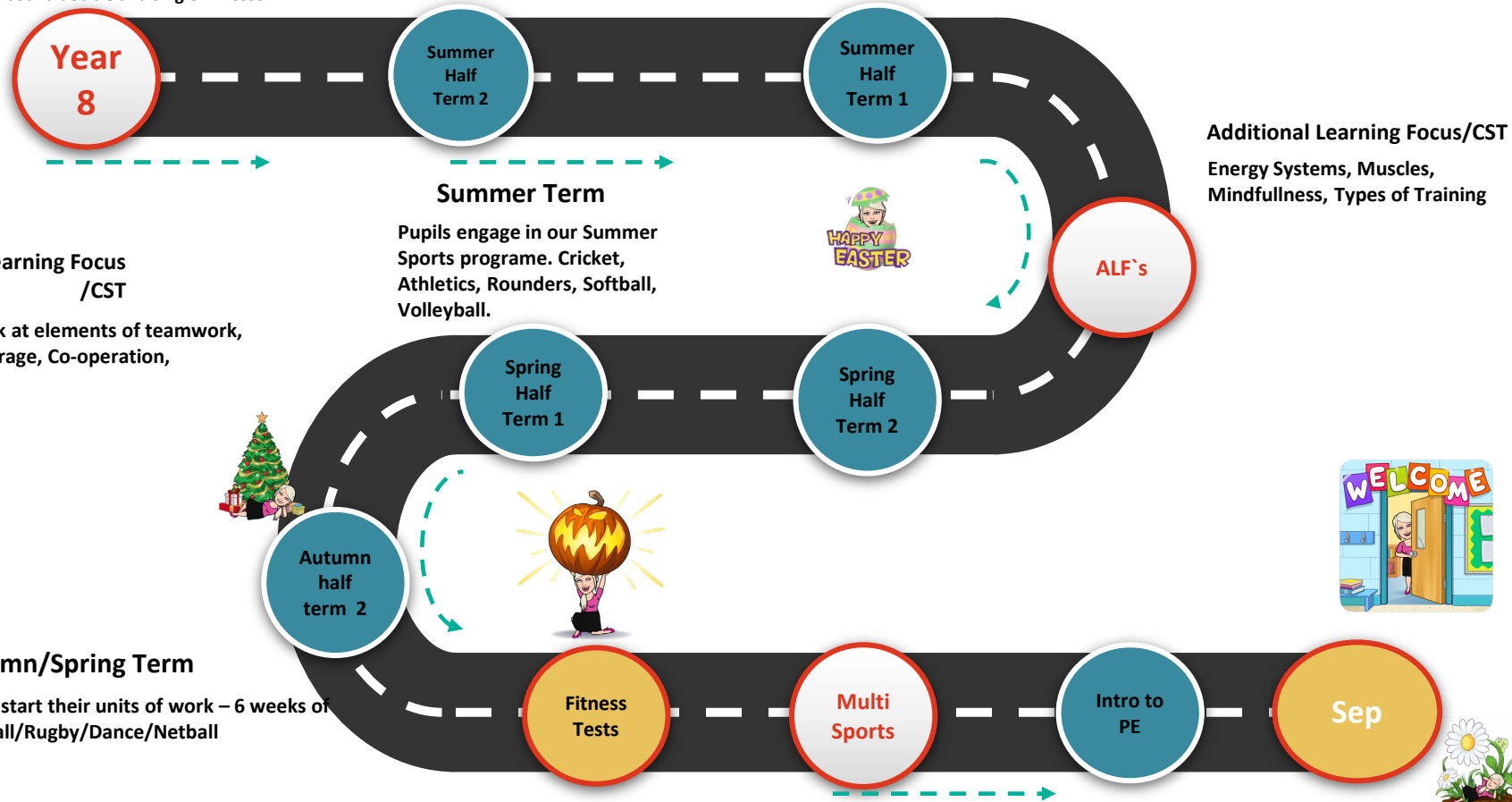


# Year 7 - PE Pathway

## The Journey Ends

Pupils have an insight into the PE curriculum at secondary school – and move on to Year 8 where they have both a double and single PE lesson



### Additional Learning Focus /CST

Pupils also look at elements of teamwork, resilience, Courage, Co-operation,

### Summer Term

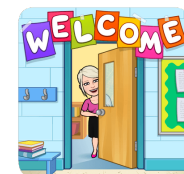
Pupils engage in our Summer Sports programme. Cricket, Athletics, Rounders, Softball, Volleyball.



**Additional Learning Focus/CST**  
Energy Systems, Muscles, Mindfulness, Types of Training

### Autumn/Spring Term

Pupils start their units of work – 6 weeks of Football/Rugby/Dance/Netball



### Multi Sports

Pupils engage in different sports each week

### Pupils Welcomed

Pupils understand the expectation of PE. Opportunities that they have to progress and grow



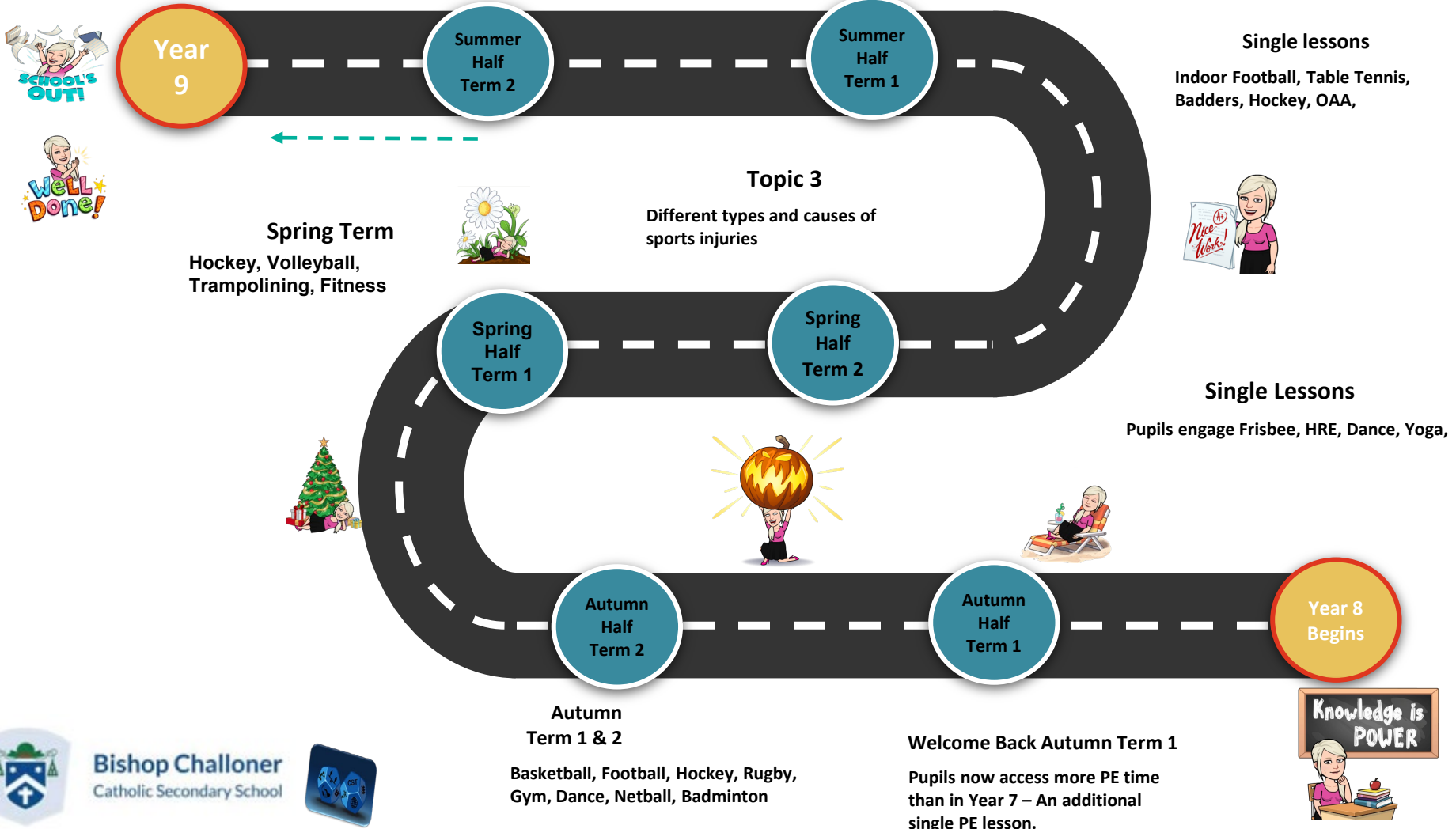
# Year 8– PE Pathway

## The Journey Continues

You are well on the way to Year 9  
Pathway

Additional Learning  
Focus/CST

Energy Systems, Teamwork,  
Nutrition, Courage, Cooperation,  
Health & Well Being



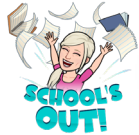
# Year 9– PE Pathway

The Journey Continues



## Additional Learning Focus/CST

Sportsmanship – human dignity. Participation – common good. Resilience, courage.



End of Year 9

Summer Term 2

Summer Term 1



## Less Able Pathway

Table Tennis, Rounders, Hockey, Basketball, Etc



## More Able Pathway

Badminton, Football, Dance, Rugby, Hockey, Trampoline, Basketball, V'Ball



Spring Term 1

Spring Term 2

## Year 9 Pathway

Pupils in the more able group follow a programme closer to practical assessments that they may do for GCSE PE. Less able pupils follow a more recreational pathway



Autumn Term 2

Autumn Term 1

Start of Year 9



Bishop Challoner  
Catholic Secondary School



## Year 9 Pathway

All pupils start their single lesson with theory – preparation for GCSE PE/CNAT Sport