



**Bishop Challoner**  
Catholic Secondary School

# **Aiming For Excellence**

## **Year 10: 2023 – 2024**





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Loving Father,

We give you thanks for our school community at Bishop Challoner and for the many gifts you have given us.

Bless our Year 10 students as they begin this new school year;  
Inspire them to make the most of all the opportunities they have to learn

And to use their gifts to serve the school and local communities.

Give us all the grace to follow the teaching of Bishop Challoner  
And to strive to do ordinary things extraordinarily well.  
We make these prayers through Christ our Lord. Amen.



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# Key Staff

Mr Rahman  
Head of Year



Miss Chong  
Deputy Head of  
Year



Mrs Oakes  
SENDco





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# Tutors

Tutors are a key point of contact. Tutors are as follows:-

10A Mrs Vincent

10B Dr Hales

10C Mrs Humphrey

10D Mr Beatty

10F Mrs York

10G Mrs Taylor

Please contact tutors if you have any concerns. Issues around health, friendships, attendance or work can be addressed in the first instance by tutors. They are experienced and will know how to resolve or obtain support for most issues.



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## Dates for the diary

**Y10 Parent's Evening: Tuesday 28 November 2023**

**Y10 Reports: Monday 8 July 2024**

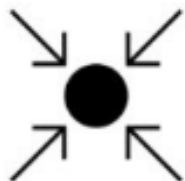
**Mock Exams: 17 – 26 June 2024**

**Three data captures/year**



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# Revision Environment



## FOCUSED

Put your phone away

Turn the music off

Avoid distractions

Be in the right physical place to revise

Be in the right frame of mind to revise



## LONG-TERM

Start early to cut down on stress later in the year

Make a revision timetable and commit to it

Plan for 3 - 4 hours a week from January

Interleave different topics



## ACTIVE

Engage your brain by actively creating revision resources

Test yourself, get others to test you

Practise exam technique by writing or planning answers

Revise what you struggle with



## TRANSFORMED

Transform the knowledge you want to learn into a different format

Make flashcards  
Produce a timeline  
Record a podcast  
Invent a mnemonic  
Take Cornell notes  
Create a mindmap  
Design a flowchart  
Make a powerpoint  
Teach it



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# Exam Boards

AQA <https://www.aqa.org.uk/>

Eduqas/WJEC <https://www.wjec.co.uk/>

OCR <https://www.ocr.org.uk/>



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# Useful support links

Art (AQA) <https://www.studentartguide.com/>

CNAT (OCR) <https://www.ocr.org.uk/qualifications/cambridge-nationals/>

Computer Science (OCR) <https://collins.co.uk/products/9780008535230>

Design Technology (AQA) <https://technologystudent.com/>

Drama (OCR) <https://www.cgpbooks.co.uk/secondary-books/gcse/drama/dmr41-gcse-drama-revision-guide>

English (AQA) [https://www.cgpbooks.co.uk/School/books\\_gcse\\_english](https://www.cgpbooks.co.uk/School/books_gcse_english)

Food Preparation and Nutrition (Eduqas/WJEC) <https://senecalearning.com/en-GB/blog/free-eduqas-food-prep-nutrition-gcse-revision/>

Geography (AQA) <https://www.aqa.org.uk/subjects/geography/gcse/geography-8035>

History (AQA) <https://www.aqa.org.uk/subjects/history/gcse/history-8145/specification-at-a-glance>

Maths (AQA) <https://filestore.aqa.org.uk/resources/mathematics/specifications/AQA-8300-SP-2015.PDF>

MFL (AQA) <https://www.linguascope.com/>

Music (Eduqas/WJEC) <https://www.bbc.co.uk/bitesize/examspecs/zbmct39>

PE (AQA) <https://www.bbc.co.uk/bitesize/examspecs/zp49cwx>

RE (AQA) <https://www.bbc.co.uk/bitesize/subjects/zh3rkqt>

Science (AQA) <https://www.bbc.co.uk/bitesize/levels/z98jmp3>

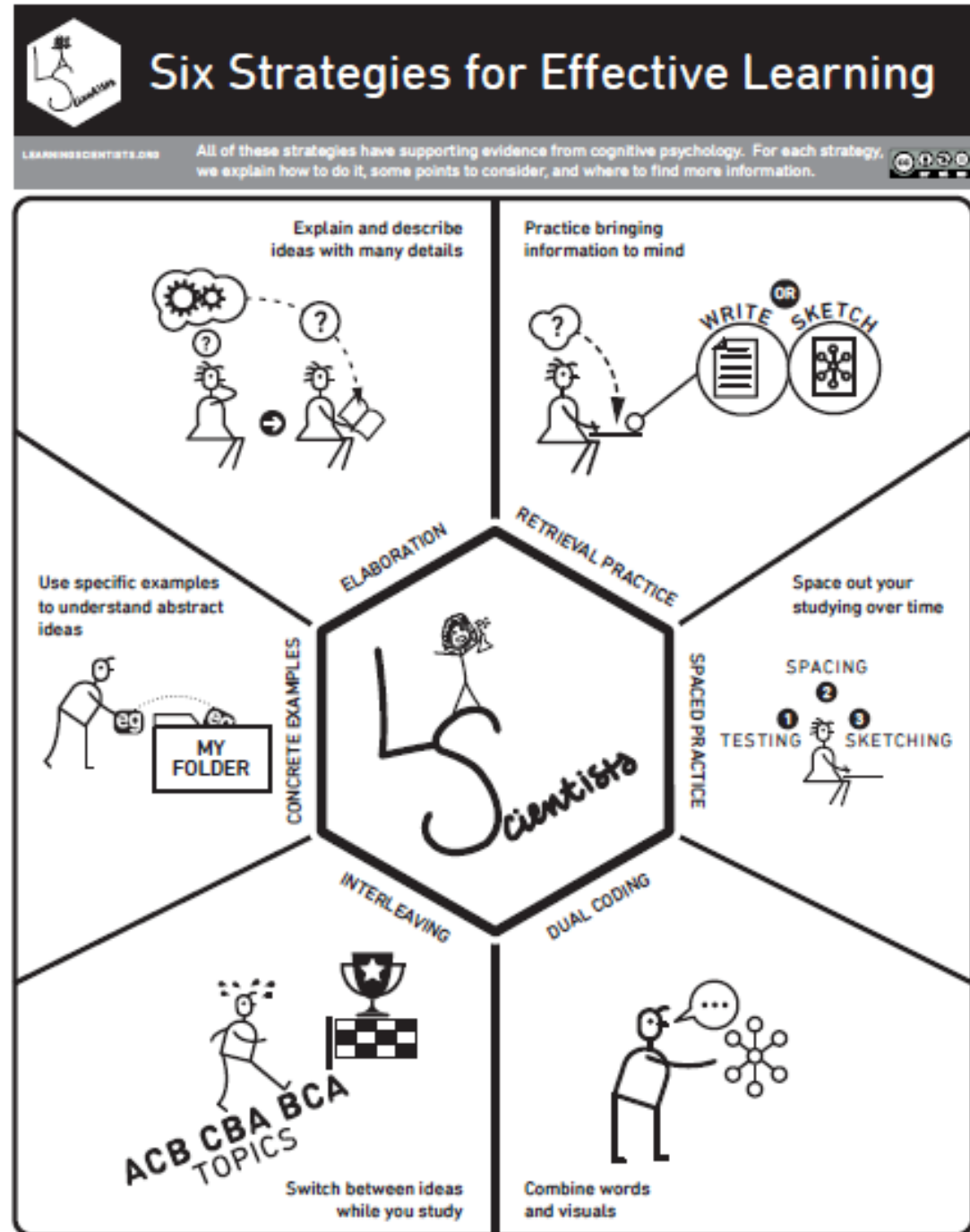




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# Revision strategies

<https://www.learningscientists.org/>





# Revision timetables

DAY	1st session	2nd session	3rd session	4th session
	BIOLOGY	ENGLISH LIT.	COMPUTING	HISTORY
	MATHS	RE	FRENCH	CHEMISTRY
WEDNESDAY	ENGLISH LIT.	PHYSICS	HISTORY	MATHS
THURSDAY	COMPUTING	CHEMISTRY	ENGLISH LANG.	BIOLOGY
FRIDAY	RE	PHYSICS	HISTORY	FRENCH
SATURDAY	FRENCH	MATHS	BIOLOGY	ENGLISH LIT.
SUNDAY	CHEMISTRY	ENGLISH LANG.	COMPUTING	PHYSICS



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# Revision timetables

DAY	EARLY MORNING	MORNING	AFTER SCHOOL	EVENING
	15 mins (paper 1)	<b>PHYSICS</b> 1 hour MRS HEANEY	<b>COMPUTING</b> 45 mins MR SMITH	
			<b>SPANISH</b> 30 mins MRS MARTINEZ	
WEDNESDAY		<b>RE</b> 45 mins (paper 1) MRS MUSKER	<b>AS MATHS</b> 1 hr 30m (in school) MR GILLON + MR K	<b>BIOLOGY</b> 1 hour MISS TAYLOR
THURSDAY	<b>RE</b> 45 mins (paper 2) MRS MUSKER		<b>SPANISH</b> 1 hour (in school) MRS MARTINEZ	
FRIDAY		<b>CHEMISTRY</b> 1 hour MRS ROBERTS	<b>ENGLISH</b> 45 mins Ms Parington	<b>RE</b> 30 mins (paper 3) MRS MUSKER
SATURDAY	<b>ENGLISH</b> 30 mins Ms Parington	<b>SPANISH</b> 45 mins (Tense 3) MRS MARTINEZ	<b>MATHS</b> 45 mins MR GILLON	
SUNDAY		<b>AS MATHS</b> 30 mins MR GILLON + MR K		<b>GEOGRAPHY</b> 30 mins (paper 2) MS REVITT





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# How can you help? Attendance Matters

- A child who is absent a day a week misses an equivalent of two years of their school life
- 90% of young people with absence rates below 85% fail to achieve 5 or more good grades of GCSE
- At least 1 million children take at least one half day off a year without permission
- 7.5 million school days are missed each year through unauthorised absence.



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# Punctuality

If in a school year your child is late everyday...	Your child would have lost approximately...	Or they would have missed approximately...
5 minutes	3 days from school	21 lessons lost
10 minutes	5 days from school	35 lessons lost
15 minutes	8 days from school	56 lessons lost
20 minutes	11 days from school	77 lessons lost
30 minutes	16 days from school	112 lessons lost



## How can we help support you with attendance?

- School nurse
- Tutor team
- Head of year – Mr Rahman and Miss Chong
- Mrs Fowkes – pastoral support
- Regular letters informing you of attendance
- Praise and recognition



Families can be referred to attendance legal panel if:-

- Attendance goes below 90%
- More than 10 sessions are missed (5 days)
- Lateness



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**nine hours...**

(Cringe.) When it comes to extreme averages, teenagers take the prize. Their daily average time spent on social media is **nine hours**. That's longer than most people spend sleeping or in school. 14 Dec 2017 – The Times



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# Support with home learning







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I am a:

Student

Teacher

First name

Forename

Last name

Surname

Date Of Birth

1



January



2009



School

Bishop Challoner

Back to login

Forename, surname and DOB fields required



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**X @BCCSEExtra**